

DESCRIPTION: Bloom'en Nutrition™ Blossoms are a prenatal/postnatal omega-3 fatty acid, folic acid and vitamin D dietary supplement supplied as an oral 5 gram soft chew.

Each Blossom soft chew contains:

Omega-3 Fatty Acids: DHA & EPA	129 mg
Folic Acid.	200 mcg
Vitamin D (Cholecalciferol)	500 IU
Lutein.	5 mg

Each chew is free of artificial colors, flavors or preservatives

INGREDIENTS: Evaporated Cane Juice, Brown Rice Syrup, Refined Fish Oil [Fish Oil (Anchovy, Sardine), Gelatin], Soy Lecithin, Brown Rice Syrup Solids, Palm Oil, Glycerine, Citric Acid, Natural Flavors, Lutein (Sucrose, Tapioca Starch, Lutein, Zeaxanthin), Lutein (Safflower Oil, Lutein), Cholecalciferol, D-Folic Acid.
Contains:Soy

INDICATIONS: Bloom'en Nutrition™ Blossoms are indicated to provide supplementation of omega-3 fatty acids, folic acid, vitamin D and lutein throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. It is also useful for improving nutritional status prior to conception.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure the diagnosis of pernicious anemia (hematologic remission may occur while neurological manifestations remain progressive).

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

DOSAGE AND ADMINISTRATION: Before, during and after pregnancy, one soft chew taken by mouth daily, or as directed by a physician.

HOW SUPPLIED: Bloom'en Nutrition™ Blossoms are supplied in a 30-day carton containing 30 individually foil wrapped soft chews.

KEEP OUT OF THE REACH OF CHILDREN.

Questions and Comments: (866) 410-3030
www.BloomenNutrition.com